**Practice**

**Addressing discrepancies**

1. In paper 1 (formative feedback, p. 83), identify sentences that explain unexpected, contradictory results.   
   Contrary to our predictions, no differences between skilled and less-skilled comprehenders were observed for the cognitive and metacognitive processes analyzed.
2. In paper 2 (stress enhances reconsolidation, p. 111), identify sentences that explain unexpected results.   
   In contrast to our expecta- tions, post-reactivation stress did not differentially affect memories of emotional versus neutral content.

**Addressing limitations**

1. In paper 3 (metacomprehension accuracy, p.27), identify sentences that acknowledge limitations of the study.

There are a few limitations that need to be considered when interpreting the current findings. First, not all suitable studies on relative metacomprehension accuracy might have been collected, leading to biased results (e.g., the file drawer problem; Rosenthal, 1979).

**Addressing implications**

1. In paper 4 (emotional regulation, p. 1077), identify sentences that point out avenues for future research.  
   This being said, it is also clear that further research is needed, especially regarding potential determinants of intentions to regulate and the influence of some determinants on some measures of choice. It is our hope that categorising the potential determinants and measures of emotion regulation choice, along with the proposed framework for understanding emotion regulation choice, provides the basis for a coordinated and sys- tematic programme of research to understand whether and how people regulate their emotions.
2. In paper 5 (personal informatics, p. 565), identify sentences that recommend design solutions.

We have defined a stage-based model of personal informatics systems and identified a comprehensive list of the problems that people experience in each of the stages. We also described the properties of the stages, which have implications in the design of personal informatics systems. To build effective personal informatics systems, developers and designers should consider the following: